To provide and sustain an inclusive, stimulating and supportive community of skilled and creative learners which enhances opportunities and pathways, personal growth and well-being of all its members.

FROM THE ASSOCIATE PRINCIPAL - TAMÍ O’HARE

PREPARING FOR 2015: COURSE SELECTION:
With the completion of 2015 Year 9-12 Information Evenings, course counselling and course selection has taken place in recent weeks for students in Years 9-12 in 2015. The course selection process is now closed as we work through confirming our curriculum program for 2015. Families will have noticed a change in language in course selection this year. Our program is orientated around student choice with a professional overview of ensuring that we offer a balanced curriculum and clear pathways opportunities for all students. With this focus, we have asked that students clearly indicate their preferences of studies in preferential order. Any study that a student has included in their selection will potentially be included in their 2015 course. Course confirmation will take place on November 5th. Students who have been unable to gain a course developed on their preferences will be re counselled prior to this date. I take this opportunity to again acknowledge all students and families who have attended 2015 Information Evenings and/or the Pathways Fair along with college staff for their work in presenting and facilitating these events. Information regarding the 2015 Year 7 and Year 8 Information Evenings will be circulated during Term 4.

STUDENT LED CONFERENCES YEARS 7-9:
In the most recent Parent eNewsletter, you have read about the new online system for booking a conference. To date we are pleased with the number of families who have already taken up the opportunity to book this session. This process allows parents to work in real time booking their session in that you are able to confirm immediately the availability of the teacher. I remind parents that if you are having difficulty booking a conference or have misplaced your password to the parent portal that you contact the college office to access your password information.

Students in Years 7-9 are currently preparing for the Student Led Conferences. This is an exciting time for students where they have the opportunity to share and reflect on their learning. All students are expected to lead this process, including welcoming parents and staff to the conference and selecting a range of artefacts of their learning to share. Prior to the conferences, I urge you to check with your child in relation to their preparation. All students are expected to share their Individual Learning Plans, their literacy and numeracy learning and future goals in these areas.

LITERACY WEEK:
This week we have celebrated Literacy week with a range of activities across the college. On the Vines Campus, middle years students have had the opportunity to participate in different activities each lunch time. The Later Years’ Campus was the scene of the annual Reader’s Cup on Monday. This is a challenge where teams of students read selected texts and then participate in a quiz. Although each of the student teams performed well, we are pleased to announce that the teacher team triumphed with the cup this year! All students and staff have been encouraged to participate in the range of activities on both campuses this week.

DEAKIN ENGAGEMENT AND ACCESS PROGRAM (DEAP):
While we engage with the Deakin Engagement and Access Program (DEAP) throughout the year, in recent weeks we have been fortunate to have had 3 learning opportunities for our students. Year 7 students participated in a ‘Building Blocks’ program and Year 8 in ‘Academic Enrichment- Creative Writing’. These programs were both delivered in the college by Deakin staff.

UPCOMING EVENTS:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td>Friday 5 September</td>
<td>Mufti Day - Football Colors</td>
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<td></td>
<td>(gold coin donation to Fight Cancer Foundation)</td>
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<tr>
<td>Thursday 18th Sept</td>
<td>Year 7 to 9 Student Led Conferences 4.00-7.00pm</td>
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<tr>
<td>Friday 19th Sept</td>
<td>Year 7 to 9 Student Led Conferences 9.00am-1.30pm</td>
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<tr>
<td>Monday 6th Oct</td>
<td>First day of term 4</td>
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<td>VCE Unit 3/4 Trial Exams</td>
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Phone: 5277 1177
Fax: (Quamby) 5277 9884
Fax: (Vines): 5277 9793
www.whc.vic.edu.au
On Friday of last week Year 10 student attended the Deakin Campus and participated in a range of focus activities. Students have provided positive feedback on each of the programs and significantly Deakin have acknowledged the engagement and commitment of Western Heights students.

**STUDENT ACTIVITIES:**

In the coming weeks we have students in Years 9 and 10 attending camping programs. Year 9 students will be attending camp at Charnswood next week while in the final week of term Year 10 students will travel to Tasmania. Camping experiences are an integral part of the learning program at Western Heights College where students develop personal and interpersonal skills. We encourage all students to attend.

This Friday has been our mufti day for the Term 4. The student leaders chose to support Fight Cancer Footy Colours Day. Funds raised through the gold coin donation will go towards supporting a brighter future for the number of children and teenagers living with cancer.

Ms Tami O’Hare
Associate Principal.

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**TEXTILES:**

This term 7 Red and 7 Yellow have been busy in textiles. Students have learned how to use the sewing machines and then used multiple sewing techniques to create their own sewing machine licences. Several students have already completed a bow tie in their house colours and are well underway to designing and creating their own felt key rings.

Jasmine Green shows off her bow tie that she made in Textiles.

**FOOD TECHNOLOGY:**

In Food Technology the students have learned how to safely use the kitchen equipment to make loads of yummy food. Some of it may have made it home for mum and dad, however I suspect that most of it was eaten at school. Some of the dishes so far include, breakfast omelettes, French toast, smoothies and scones with jam and cream. If you have not had a chance to taste the delightful foods, ask for a home meal. I am sure that they will be up for the challenge. In the coming weeks the students will work on an assessment, where they will be designing and cooking their own flavoured scones.

**NUMERACY:**

At the end of last year Western Heights College, Herne Hill, Newtown and Manifold Heights Primary schools were successful in their application to begin a 3 year partnership with AMSI (Australian Mathematical Science Institute).

As part of the partnership Western Heights College will have access to ongoing professional learning with numeracy consultants.

As part of this partnership, each year 7 student has been given a free digital textbook to assist in their studies. If your child is yet to receive both 1 and 2, please contact your mentor teacher.

Mr Sachse
Year 7 Teacher

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**VISIT FROM DEAKIN UNIVERSITY:**

Last week, we had a visit from Deakin University who worked with our students, encouraging them to think about their learning and future.

Well done to all students who participated.

Mrs Michelle Roth
Year 7 Learning Community Leader
Students are looking forward to sharing their learning at Student Led Conferences at the end of Term 3. They have been refining their learning goals for the remainder of the year. While each student’s goals may vary, they have found goals easier to set through reflecting on their previous work and discussing this with their mentor.

As the mesh unit Healthy, Wealthy and Wise comes to a conclusion students are conducting interesting investigations on related topics of their choice including:

- How can young people access health care in Australia?
- How does private health insurance work in Australia?
- What jobs have the best job satisfaction?
- What areas are the healthiest to live in?
- How do you make a good decision?
- Who were history’s wisest people?
- What are the virtues in modern life?
- How much junk food is it safe to eat regularly?
- How much money is enough for a family?
- What does it take to be a successful adult?
- What is different about living in Melbourne compared to Geelong?

These tasks will be presented next week.

In Numeracy, students have been busy preparing for their Measurement Test early next week. Students may choose to include this work in their Student Led Conference.
This month in Literature Circles students have been introduced to the Intellectually Demanding Task. This is where students apply their comprehension knowledge and skills, based on their novel, to a task that is aligned to their learning ability and style. Some students are selecting a written response while others are creating book trailers focused on certain themes or issues- these are just a few of the options they have to demonstrate their learning. Students will then present their tasks to the group.

My group has been reading The Minnow by Diana Sweeney-I like doing the Intellectually Demanding Task because it was good to read the story and then using the topic of 'friendship' put it into my own words about how important friendship was because it held the story together and made me want to read it.

Axel Bowman
Year 9 Student

MARINE SCIENCE EXCURSION TO THE MELBOURNE AQUARIUM:
This report has used the recollections of the students attending the excursion to capture what was part of a Year 9 Marine Science elective.
We arrived by train and walked to the Aquarium from Southern Cross station. The Melbourne Aquarium has been renovated and extended in the last twelve months. Our guide Cheryl took us to all parts of the Aquarium, pointing out the major animals to look for in each tank and relating their features to where they live, special characteristics, what they eat and what eats them.
The first tank had a range of sea horses from other states including the Victorian sea dragons. The female seahorse give the eggs to the male seahorse who looks after them until they are hatched. (Kyle) They have 1,500 babies but most of them do not reach adulthood. A sea horse has a fused jaw with no teeth. It is able to feed on brine shrimps by sucking them in through the water. (Jaymie) Sea horses use their tail to wrap around seaweed to stay still and not be detected by predators. (Shakira) There are other fish similar to sea horses called razor fish. They swim vertically using small fins to manoeuvre. (Blake) There were examples of the blue Dory and the clownfish the same as in Finding Nemo. (Taylor)
We walked past the tank with elephant fish and small rays. Next tank was a touch tank. Small sharks lay eggs in egg cases. We saw five different types of egg cases. They can float, or be pushed into sand or bored into rock depending on their shape. We were able to pick up living sea stars, turn them over and see their tube feet and central mouth. (Siobhan)
The Northern Pacific sea star arrived in Australia in ballast water from Japan and is now affecting our reefs by eating native sea stars, shellfish (molluscs) and corals. (Stephen)
The clear moon jellies and blue jellies looked wonderful as they moved their bells in a rhythmic motion. (Caitlin)
The wall of the big tank containing sharks, rays and many fish was made of Perspex that is 6.5cm thick. (Rory) It was fun to climb through the tunnels to see the exhibits from a different point of view. (Sam) We saw Mitchell the largest shark in the tank and Mr G whose mouth is so large that it swallowed three small sharks in one go. (Tom) Mr G was a groper, the largest fish in the tank. He is now fed twice a day and he will grow to 1.8 metres long! (Kamryn) We could see the gills slits underneath the large manta rays that were swimming over the arch in the tank. (Edina) There were giant trevally, barramundi and yellow fin tuna in the big tank. You could clearly see their lateral lines when they swam through the lighted tank. (Alex) The thread fin trevally has long threads trailing from its dorsal fin. This is a way of camouflaging the fish from predators by mimicry. The threads look like jellyfish tentacles which is a deterrent for predators. (Mitch)
In the Antarctic area we saw King and Gentoo penguins. There were 9 month old King penguins that still had their brown down on them. The penguins had to stand on their rock before they were hand fed. (Cassy) King Penguins are able to dive down 50 metres by eating stones that make the penguin heavier. Their white ventral side makes them camouflaged from predators below and their dark dorsal surface makes it difficult to see them from above. (Shannen)
We went through the fresh water habitat and saw some unusual organisms such as a fish eating spider and the archer fish. The Archer fish compresses its gills, squirts water from its mouth to eat bugs which fall from a tree when sprayed by the water stream. (Ford) The fifty one year old salt water Crocodile has an interesting history. It was removed from a farmers land when the prized $20,000 bull disappeared. (Caleb)
We all learned a lot of new things. “I found the aquarium really interesting and if I ever come back I would find it just as awesome as today.” (Student written comment)

Mrs June George
Marine Science Teacher
It has been a very busy and exciting couple of weeks in the Year 10 Community. All students attended the Deakin Experience day, where Year 10 students had the opportunity to experience both the Waurn Ponds and Waterfront campuses. Students toured the campuses, visited specific facilities and participated in activities. All the students enjoyed the day learned more about their future career opportunities. Congratulations to all students who participated.

The Tasmania Camp commences on September 16. Good luck to the small group of students heading across Bass Straight. The normal school program will be running for students not attending the camp.

**Mr Roger Conron**  
Year 10 Learning Community Leader

**DEAKIN UNIVERSITY EXCURSION:**  
On Friday the 29th of August, the Year 10 students went on a University experience day at Deakin University. We got to visit both campuses and explore a range of courses, and participated in workshops in certain areas. We got to explore courses such as sports science, engineering, IT and public relations at the Waurn Ponds Campus, and nursing, law and occupational therapy at the Waterfront Campus. It was a great experience for everyone and a fun day.

Taylah Spalding  
Year 10 Student

We then got ready and began setting up our boats, ready to sail! The weather was really cold and wet and thankfully no one capsized. Luckily our wetsuits kept us warm and we thoroughly enjoyed our time on the water. We are looking forward to heading back out there when we next visit next term.

Rebecca Claridge  
Year 10 Student

**FOOD TECH:**  
Mystery box challenge assessment:  
In the mystery box, we had vegetables, fruits, staples. (for example, flour, eggs, milk, butter). We also had protein things like chicken, bacon, ham and mince Beef. We had to decide on a recipe ourselves to cook and we didn’t have any help from Mr. Scott because it was an assessment Task. There was a range of different meals prepared from bolognas pies, which were mine, to parmigana by Noah. We also had to make a dessert. They was a range of foods from apple pies to chocolate brownies, cakes and chocolate soufflés. We invited teachers to assess us. They were Mr Conron, Mr Greenhalgh and Mr Sachse. Thanks Mr Scott for a great experience.

Amanda McCarthy  
Year 10 Student

**YEAR 10 FORMAL:**  
Students received a note this week regarding our upcoming Year 10 Formal on Tuesday 9th December. In order to lock in our entertainment and function venue we are asking that students make a deposit towards their ticket. This is a fantastic opportunity to celebrate their time in Year 10 and we hope to see all students in attendance.

Mrs Hutchinson  
Event Co-ordinator

**OUTDOOR & ENVIRONMENTAL STUDIES:**  
On Monday the 1st of September the Outdoor and Environmental Studies class went out on a Sailing excursion to Eastern Beach. We gained experience in all aspects of sailing, beginning with a presentation about water safety, emergency protocols and the roles of each crew member aboard.
We are hoping that their works may be displayed in the Geelong Gallery in the coming weeks. Stay tuned! They should be congratulated on their commitment and wonderful final portraits.

Darryn Lyons’, pencil, charcoal and pastel, by Josh Blackney

Jimmy Bartel, charcoal, by Kate Hughes

Ms A Hurley
Art Teacher

OUTDOOR & ENVIRONMENTAL STUDIES CAMP:
Year 11 VCE 3/4 Outdoor & Environmental Studies Alpine Excursion to Falls Creek was particularly enjoyable due to the excellent snow conditions. All students advanced in their practical skiing ability and were also able to successfully develop a deeper understanding of the related theoretical studies.

Mr Brett Bullock
Year 11 Learning Community Leader

ART:
In Art and Studio Arts, students are working on the development of their own themes in preparation to complete final artworks to exhibit at the end of the year.

Josh Blackney and Kate Hughes have also chosen to complete a portrait to enter into the Geelong ‘Who’s Who’ Portrait competition.
STUDY BREAK:
Term three ends on Friday September 19th, the Year 12 students will have a two week study break. This is not a holiday for Year 12 students, it is an important time to consolidate their learning and to revise and study in earnest. Year 12 VCE subject teachers will provide students with guidelines on specific tasks that should be completed during this time. It is recommended to make the most of this study break, at a minimum students should treat weekdays as if they were a school day. Commencing their study at 9.00am and breaking their day into study sessions relative to the subjects that they would be normally be doing at school at that time. Please note that there are also a range of revision lectures over the term break. Students have been web messaged details on these programs. It is great to note that many of them are available locally.

PRACTICE EXAMS – ARRANGEMENTS – OCTOBER 6TH TO 8TH INCLUSIVE:
All Year 12 students will undertake practice exams for each of their VCE subjects beginning on Monday October 6th through to Wednesday October 8th. This is the first week of Term 4. A practice exam schedule has been distributed to each Year 12 students. A copy can also be accessed on the College website. All students are required to attend the relevant exam for each of their subjects.
Year 12 VCE students are not required at school other than for their scheduled exams over this three day period. VCAL students will attend their usual scheduled classes other than when they are required to sit their VCE subject exam. Study facilities will be available for students over the three day practice exam period in the common room for VCE students who wish to remain at school when they are not undertaking an exam.
Every endeavor is made to simulate the real exam experience in the practice exams. As such the same conditions apply including the requirement that students stay until the completion time of each exam and only permissible materials will be allowed. Please note that Chemistry exam time extends beyond the usual school day to 3.45pm. If this presents a problem for any student they should see Mrs Hammond.

GRADUATION:
Please be aware that The Western Heights College Graduation Ceremony recognises the achievements of Year 12 students who successfully complete the Victorian Certificate of Education or the Victorian Certificate of Applied Learning. Students who are eligible are invited to take part in the formal graduation presentation. Any student who does not successfully meet the criteria will be notified by Monday of October 27th. Students who have been part of the Year 12 cohort who do not successfully achieve the requirements associated with these certificates are welcome to attend the ceremony as part of the general audience.

All Year 12 students are invited to attend the dinner follows the Graduation Ceremony to celebrate the completion of their secondary school education. Details for Graduation Events have been distributed to students the rsvp and payment for the ceremony is due on Friday September 12th and for the dinner is required by Friday September 19th.

PHOTOS:
We are in the process of creating an audio-visual presentation that will be used for Year 12 Graduation and for a “Guess the Baby” competition on Celebration Day. Each Year 12 students has been asked to provide 3 or 4 photos of themselves as a baby or in primary school. Thank you to the number of students who have done this. I would ask that all students hand these into Mrs Thomas at the Students Support Office as soon as possible.

CELEBRATION DAY:
Official Year 12 classes will finish on Monday October 20th. All Year 12 students are invited to be part of the activities on Celebration Day, on Tuesday October 21st, beginning at 9.00am and finishing at 12.30pm. Further details of the day will be provided over coming weeks.

SEAS APPLICATIONS:
SEAS applications close on Tuesday October 7th. It is important to note that this is immediately after the term break. Students may require supporting documentation, and in some instances may require assistance from a Western Heights College staff member. I encourage any students in this situation to make contact with the relevant staff member well in advance of the term break to enable the task to be completed in a timely manner. Please refer to Pathways News for more information.

VTAC APPLICATIONS:
VTAC applications close on Tuesday September 30th. This deadline is quickly approaching and it is important to note that this is during the term break. Students who require support with this task should make contact with their mentor teacher, Mrs Hammond or Ms Jeffery as soon as possible.

Mrs Kerrie Hammond
Year 12 Learning Community Leader
Nearly the end of term three? Seriously??
This exclamation, made by a student, conveys a sentiment I echo. It might be surprising to realise this, and even more so to realise we are on the final leg heading towards Christmas and then 2015. However it is not a rude shock, rather it is actually a positive. There is a saying “the end of a matter is better than its beginning”, and even though these words were written over 3,000 years ago, they convey a powerful truth – that we get the chance to
• Reflect
• Celebrate
• Move forward

1. Reflect: something we all share is a sense of “I wish I’d done better at x or y, and its so late now” (never true). Or, “I can’t believe it is now (insert month/time here) and I haven’t achieved anything!” (again, not true). If we can discipline ourselves to pause, be still, and take the time to reflect over the past year, we slowly realise how much we have grown, how much we have learnt and how even some of the most challenging times for us were actually those moments we grew the most. It is never too late to learn.

2. Celebrate: following on from our reflections, which can be challenging, there is a natural sense of joy when we realise we have actually achieved a lot – far more than we thought! This fact is a cause for celebration, and well deserved, no matter how insignificant we feel the achievement may be. For our year 12s, no matter how they may be feeling or what they may be thinking, they are arriving now at the end of at least 13 years of solid, strong education – a journey that began in kinder, through primary and now secondary schools. Whether this year you finally learned how to swim, or achieved a prize in a national competition – celebrate, celebrate, celebrate!!

And

3. Move forward: we are a present and future oriented society, join in! Every day is a new day, every day the slate is clean, the time is now and there is always hope. We learn from the past, we celebrate the experiences, lessons and achievements, and then we press on. I have already written about my own morning routine, and one of the reasons I love it is it instils in me a sense of excitement as to what the day may have in store. Every single day is different!

Have a fantastic week!

Marcus Allport
College Chaplain

DON’T FORGET TO MAKE YOUR YEAR 7 - 9 STUDENT LED CONFERENCE APPOINTMENTS VIA THE PARENT PORTAL

ALL VINES ROAD CAMPUS FAMILIES SHOULD HAVE RECEIVED A LETTER WITH INSTRUCTIONS LAST WEEK

PLEASE CONTACT TO THE COLLEGE OFFICE STAFF ON 5277 1177 IF YOU REQUIRE ASSISTANCE MAKING BOOKINGS.

It has been another packed week at Western Heights College, and as we always say, we wouldn’t have it any other way!

The Wellbeing Team, a central component of your students’ engagement in our school community, has been active as ever working alongside teaching staff to maximize our support of your student to develop, grow and learn.

As we near the end of the term, we remain focused on the absolute imperative of attendance – it is NOT OK to be away! We will make every effort reasonably possible to ensure students are here, are learning and receive the best supports we can offer. Please do not hesitate to contact the school with any concern, regarding student attendance and/or engagement. Your student’s mentor, learning community staff and the wellbeing team are always prepared and keen to listen and assist.

Up-coming events on our Calendar:
1. Friday 5th September is our Mufti Day – for the Fight Cancer Foundation. This is a worthy cause, get into your footy colours and show your support!
2. Friday 7th November – White Ribbon Day – we are part of the campaign that seeks to educate our community that violence against women is NEVER OK!
3. And upcoming – Book and Literacy week!

Get involved!

Wishing you all a fantastic fortnight!

Mr Paul Rodgers & the Wellbeing Team
LATER YEARS CAMPUS - INTER-HOUSE DEBATE

Recently, in the first of many future debates to come, four teams, one from each House, competed in a lunchtime debate in the Drama Centre of the Quamby Campus. The topic was an Impromptu one, given to the competitors only a few minutes before we started. In a hard-fought battle, speaking on “High School students should have part-time jobs” were the following teams –

For the affirmative – Vines (Green) House: Jack Herd, Joshua Trevethan, Saige Doyle and Stephanie Anderson.

For the affirmative – Minerva (Yellow) House: Michelle Hallsworth, Maddie Eccles, Michael Hillbrick and Miss Amber Spencer.

For the negative – Quamby (Red) House: Luke Hatton, Mr. Brett Edmonds and Mrs. Kerrie Hammond.

For the negative – Barton (Blue) House: Millie Kaiser, Josh Avery, Scott Bosman-Wyne and Tim Winter.

Judged by College co-Captain Magan Turner and myself the results were as follows –

Best main point – Michelle Hallsworth (Minerva)

Speaker of the day – Josh Avery (Barton)

Best supporting argument – Josh Trevethan (Vines)

Best rebuttal – Mr. Edmonds (Quamby)

Best conclusion – Luke Hatton (Quamby)

Best team work – Michelle, Maddie, Michael and Miss Spencer (Minerva)

Most cohesive argument – Jack, Josh T, Saige and Stephanie (Vines)

Overall, the results were as follows –

Minerva House – 25 points
Barton House – 10 points
Quamby House – 20 points
Vines House – 35 points.

Stay tuned for more debates in the future!

SEAS WORKSHOPS & APPLICATIONS

Kerry Tucker from Deakin University has visited our College on Monday 1 September and Thursday 4 September to deliver Special Entry Access Scheme (SEAS) workshops to Year 12 students. The final workshop will be on Tuesday 9 September and students will be given an opportunity for individual advice from Kerry Tucker if required. I would encourage students to attend this session if they have any questions about the SEAS application as Kerry is the expert in this field and can definitely help with applications.

A reminder some SEAS applications require a statement of support, which can take time, so it is important to make sure you start to organise this if you haven’t already. Late SEAS applications will not be accepted by VTAC. Please ensure you include a cover sheet if you are sending any supporting documentation to VTAC in the mail, as they will not accept documents without a cover sheet. Cover sheets can be printed from the students VTAC account under the Cover Sheet tab.

YEAR 11 MIPS APPOINTMENTS

I look forward to meeting with all Year 11 students by the end of the term. It is great to see Year 11 students taking ownership of their appointment times and making changes on the sign-up sheet if they need to. All Year 11 students should now have their individual MIPS appointment time. If you are unsure of your child’s appointment time, or have any questions about this process, please contact me on jeffery.tracey.c@edumail.vic.gov.au or on the College phone number.

POLICE RECRUITMENT VISIT

The Victorian Police Recruitment team will visit Western Heights College on Friday 5 September at lunch time in the Quamby library. All students from Year 9 to Year 12 are welcome to attend.

LOOKING FOR SOMETHING TO DO IN THE SEPTEMBER SCHOOL HOLIDAYS?

There are great opportunities to visit institutions during the school holidays and you will find that most institutions run great school holiday programs. Below are some you may like. Costs will vary. If you have a particular institution in mind, visit their website and have a look at what they are offering.

LEAP INTO DESIGN HOLIDAY WORKSHOPS

Two Holiday Drawing workshops have been added to the website for individual students (Years 10-12) to apply for. More information and registration at http://www.leap.vic.edu.au/leap-activities/design

They are to be held at the VCA on the 23 and 25 of September. Students need only apply for one of the workshops as the 25th will be a repeat of the 23rd.
**TOUCAN APPEAL 2014**

Once again Western Heights College is participating in The Geelong Food Relief Centre Toucan Appeal. The Geelong Food Relief Centre has been providing free food to those in need for 23 years, last year 9,078 families were referred to the Centre for support.

All canned food is appreciated, but this year the slogan is “think outside the can”!

Below is a list of items that are in strong demand:

- Rice
- Cereal
- Canned fish
- Powdered Milk
- UHT Milk
- Honey
- Milo
- Vegemite
- Peanut Butter
- Pasta Sauce
- Flour
- Sugar

Collection boxes have been placed in each Learning Community at the Vines Campus, Vines Campus General Office and Quamby Campus General Office.

Thank you for supporting this very worthwhile appeal.

Adele Eastwood
Administrative Assistant

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**TRACK & FIELD ATHLETICS**

Athletics Chilwell is inviting students to join the club for the upcoming Track and Field season, which commences on Saturday 4 October. Competition is held each Saturday afternoon at Landy Field, South Geelong.

Athletes of all standards, aged from Under 14 to Masters are welcome to participate.

Coaching is available in all disciplines eg sprints, middle/long distance, throws and jumps.

Enquiries to Mary on 52293920 or email athschilwell@yahoo.com
TORQUAY SLSC
OPEN DAY - SUNDAY 5TH OCT
9AM - 1PM

• NIPPER REGISTRATIONS
• CLUB TOURS
• APPAREL
• FOOD & DRINKS
• LIFESAVING INFO
• TRAINING COURSES
• SURF SPORTS

E: info@torquayslsc.com.au  W: www.torquayslsc.com.au
T: 03 5261 4110

427 Squadron Australian Air Force Cadets
are recruiting for their next intake beginning
Monday 6th October 2014.

We will be holding an information session on

Monday 15th September 2014 at 1900hrs (7:00pm)

For more information, please contact Pilot Officer
(AAFC) James Flanagan on 0406 990 582 or email
co.427sqn@aafc.org.au

Further information can also be found at
www.aafc.org.au