It’s the end of October and Christmas decorations are already in the shops, the end of the year is certainly approaching fast. Whilst it could be considered that as a school we are winding down to the end of the school year, in fact the exact opposite is reality. With each ending comes a new beginning.

Our Year 12 students have completed their timetabled classes after 6 years of secondary education and are about to begin their formal exams. The students really enjoyed themselves on their final day of school, Celebration Day, with ‘dress-ups’, in a true spirit of fun. This is a significant time for our students and their families. With this ending, the new beginning for Year 12 students is the opportunities ahead; I wish them every success in their exams and future endeavours, forever members of the Western Heights College community.

Similarly the Year 10 and Year 11 students will soon be sitting exams and are working hard completing assessment tasks for the year.

The new beginning on the horizon is 2015 and we are preparing now to ensure that every student has a smooth transition and a flying start to their next year level. Following on from course selection is Course Confirmation Day. This is on Wednesday 5 November where all student currently in Years 8-11 will attend 15 minute appointments with their parents/guardians and mentor teacher to receive notification of their confirmed 2015 courses and details of fees and charges, transition timetables and other relevant information. I know that the students that I speak with are all keen to find out their subjects/units for next year and that parents are appreciative of this information before the end of the year. Appointments are made via the Parent Portal www.whc.vic.edu.au and parents can contact the college office for assistance with this if required.

The Transition Programs are on different dates depending on the year level; 2015 Year 12 25-27 November, 2015 Year 11 2-4 December, 2015 Year 8 Year 9 and Year 10 10- 12 December. These are essential days where the 2015 school year begins. Students will be in their 2015 classes with their 2015 teachers and the new year will begin with induction activities and new learning. Mentor Meetings will occur on the first day of school in 2015 for students in Years 7-10, where the student and their parents meet with the mentor to welcome the student back to 2015 guarantee they are prepared and ready to go for a fantastic year of learning.

Our My Learning (MyLe) program of slate PC’s will be extended to Years 7 – 11 in 2015 with an alternative provision for Year 12 students for the year. Apart from the slate being an innovative device for students to use for their learning 24/7 one of the most important features of the program is our OneNote resource. Students can access their learning tasks for their subjects from their OneNote files, complete learning tasks on-line and save their work for teachers to access and assess on-line. Teachers create and update the learning tasks continuously and this is automatically updated on students’ files. Students are expected to bring their fully charged slate with them to each class. This means that the slate should be charged each night at home and brought to school each day. A reminder that due to safety reasons, tripping over cords etc., slates are not to be charged at school.

In the same way students are expected to bring their Student Planner with them to every session and to use it! The O in SOAR stands for Organisation and teachers teach students to use their planner as a way of maintaining and communicating between families and teachers. This is an essential skill for students to learn, to be able to succeed in their future careers.
The college is recognising White Ribbon Day on the afternoon of Friday 7 November. White Ribbon Day is to raise awareness of violence against women and to engage the bystander to take action. 2014 is our Year of Respect, which links with this awareness raising perfectly. We are teaching our students the importance of respectful relationships through SOAR.

I must include in my article, our recent Mufti Day which raised $325 for a project at the college as nominated by our student leaders. The theme was Hippie Colours Day and there was a range of fluorescent colours, tie dyed t-shirts and flower power in all directions. The students really enjoyed the day and I suspect quite a few parents or grandparents wardrobes had been raided.

Our most exhilarating new beginning is to have the college united on one site to begin 2015. Staff and students who have been on tours inside the new buildings are overwhelmed by how great the buildings are. This is a very exciting time for Western Heights College, in so many ways - new beginnings!

Ms. Robyn Anderson
Middle Years Principal

IS YOUR CHILD ‘YEAR 8 READY’?
This term, we are focusing on ‘Being Year 8 Ready’. We developed a 20 minute workshop in which students worked in teams and came up with all of the things they thought that myself and Mr Scott should tick off, suggesting they are ready for Year 8.

7E have finalised their list and have come up with their top 10.
- Attendance - You should aim for 100 per cent. When absent call the hotline.
- Organised - bring all equipment to every class, read your novel chunk
- Respectful to staff and each other
- Strive to achieve your best in Numeracy, Literacy and MESH
- Give everything a go in specialist classes such as Physical Education, Art, Cooking, French
- Listen to all instructions
- Consider others - be kind to each other and teachers
- Walk around the Learning Community and look after all of our equipment in the Learning Community
- PREP - do your prep for every class and be on track, keeping up to date
- Keep the spaces neat and tidy at all times

I was certainly impressed with these responses above. 7E students would like to know that they are ‘Year 8 Ready’ when they have all ten items ticked off. All mentor groups are working on this task.

Please support your child in achieving these goals. Year 8 is another step up and we must ensure that all Year 7s are ready for this.

Ms Michelle Roth
Year 7 Learning Community Leader.

2014 COLLEGE YEAR BOOK

The cost of the College Year Book is covered in the annual levy. If you have not paid this fee and would like a copy of the year book for your family please make a payment of $15.00 to the General Office.
LITERATURE CIRCLES:
Year 7 students are currently enjoying reading their chosen texts in the 4th cycle of Literature Circles. They have grown more confident in sharing their ideas during discussion time and understand the value of justifying their point of view by providing examples from the text. This is a skill they are also focusing on during workshops. At the end of the last cycle, they presented their novel poster reports to a small group of their peers who provided feedback for them. At the end of this cycle, they will be presenting their work to a larger audience – their Literacy mentor and mentor group. Students will adopt the persona of one of the characters in their novel and present an account of key events from the perspective of that character, with an explanation of how the character was affected and how he/she felt about what was happening. Students will have the option of dressing up as their chosen character and using any props they feel may enhance their performance. We look forward to seeing these upcoming presentations.

Mrs Rarotoga Deo
Literacy Mentor

CONNECTIONS:
During Term 4 students have been learning about respectful relationships, communication skills, family roles and responsibilities and friendship. Connections links adolescent issues with ‘real life’ skills that students can learn and use now and in their future. These are skills for life and can help students gain employment and hold respectful relationships. Connections has taught me a lot.
Kara Dalitz 7C

A display of the learning from ‘Connections’

BOYS BASEBALL:
Although it was a long and tiring day for our Year 7 boy's baseball team last Friday, each of them can hold their heads high in regards to the level of effort and sportsmanship they exhibited in each of their games. Our first match was a very close match going down to the very last innings. Saalih, James and Bailey all threw some great pitches and Tam was doing a great job at first base. Unfortunately we lost the match 9-7.

With only a five minute break between our second match, we were quickly assembled on the field to take on our second opponents. Although our boys tried their hearts out, we were unable to match the skill level. Winning the toss of the coin and deciding to field first, in our third game, we soon found ourselves losing our grip on the game. Still confident, our boys started strong hitting a couple of nice hits early on and getting some quick runs on the board. However, we soon found ourselves in trouble, losing three batters very quickly. Starting the second innings, we knew we had a big challenge ahead of us. Bailey Miletic threw up his hand to take over as pitcher and as quickly as the second innings had started, Oberon were all out without making a run. Will Wookey was great, running out two of the batters on second base. This seemed to change the momentum of the game and our boys came out and battered right through the second innings making 9 runs and winning the game 11-9.

With one win against our names we celebrated with a quick trip to McDonalds. Well done to all the boys who participated.

Mr. Shane Sachse
Baseball Coach

CRICKET:
Last Friday, our year 7 boys headed off to South Barwon Recreation Reserve to play in an elimination cricket tournament. The boys were keen and eager to make it through to the next round from the get go, with a promise of a food reward from myself as coach if they made it through. In the first game, and the boys worked exceptionally well as a team in each of their individual roles. The boys followed the game play to the letter. Jayden was the opening batter and produced the top score of 19, followed closely by our other opener Matt Taylor who scored 14 and Nakia Pearce made 13 handy runs.
Our bowling was exceptional with Bailey Lewis scoring 2/4, a truly outstanding captains bowling display. Matt Taylor bowled terrific with 1/13 and Sam Marney took 1/2, with Holden Earl taking 1/12.

We ended up winning our first game, chasing a total of 80 runs which came down to the last over with 4 balls in hand. A terrific start to the knock out tournament.

During the second game, the boys were nervous as our competitors dismissed their opposition in the previous game for a mere 20 runs!

We gathered together in a huddle, focusing on our confidence from the last game. I said to the boys, ‘They need to beat us, we can do this boys’. Our last game was executed flawlessly and we knew exactly what we need to do.

Bailey came over to do the toss and we lost this, having to bat first which is difficult in a 20/20 match. I gave the boys a target score of making the same as before and they focused on getting this. By this stage it was now 32 degrees. Our new plan was to rotate bowlers off after their over, sit them in the shade and then rotate them back on the field which was a tip from Noah when he was rested. This worked wonders with boys rotating and resting, taking in turns to field. Once again, the boys played their roles to the letter, sticking to all that we had talked about prior to the game.

Some boys did not get to bat or bowl on the day, however, were real team players performing outstanding fielding skills.

It was down to the final 30 balls. As I had the boys coming on and off the field, the message was ‘Celebrate the DOT BALL! The boys were dedicated to focus now, not on wickets, however, THE DOT BALL! Lachie Laitey took a magnificent wicket and the run rate slowed down.

We kept pressuring with each DOT BALL! It was now the final over whereby they needed 15 to win and ended up making 61 runs. It was an impressive 7 run win in the extreme heat out in the field.

The most impressive thing, aside from winning of course, was the exemplary sporting behavior that our students demonstrated. Our students also cleaned up rubbish dropped by other teams before leaving. That was sensational. We have kept the match ball as our token and mascot that we will take with us next Monday for our next round of matches. The set up next week is the same knockout system. The boys are fired up and ready to accomplish another level next week. Parents are invited to attend and support our team. Details are on the permission forms that each player will bring home. WOO HOO, thanks for the terrific day to all students who played.

Ms. Michelle Roth
Cricket Coach

PERFORMING ARTS - BREAK DANCING

For the last two sessions of Performing Arts classes 8A, 8B and 8C classes have been taught how to breakdance. Our choreographer’s name was Jamie but we called him JB. We first learnt the basic hip-hop and breakdancing moves also up rocking, down rocking, popping, locking and floor movements. We then got to mash in our most favourite dance moves and create our own little dance routine. We were all impressed by JB’s age…40 years old – you’re probably thinking he couldn’t be able to drop to the ground and bust a move. Well he did, he came in swinging us some advanced breakdancing moves – it was very impressive. He finished off by getting the class into four rows and teaching us a routine. It was great! Overall this double session was very useful and extremely enjoyable.

Thank you Ms. Dickson and JB.

By Simone and Shaylah
Year 8 Students

Ms. Michelle Roth
Cricket Coach
Year 9 News

DEAKIN – SCIENCE IS FUN

Last Friday twenty-seven Year 9 students from Western Heights College travelled to Deakin for the ‘Science is Fun’ program.

They listened to a Postdoctoral Research Fellow in Physiological Ecology, Dr Kerry Fanson, talk about the effect of hormones on the behaviour of wild animals and the way information on hormonal levels was collected. To capture some of the intriguing content, I have the recorded individual student responses.

Olivia was amazed at how important poo (faeces) collection was to understanding animal behaviour. Ford remembered that the faeces of southern right whales were found by fisherman in boats with a poo sniffing dog guiding the boat to the floating faeces. Since the whales faeces was made up of krill that fluoresced, it was easy to spot (Lauren A). The reintroduction of the Canadian Lynx back to its southern range was interesting (Emily H). Tom and Alannah thought that the fact that scientists can travel to many countries to volunteer for different projects made working in science more appealing. Gemma was interested in visiting Minnesota to study wolves and the reintroduction of the black banded ferret. Shakira was interested that the change in the level of progesterone signalled the imminent birth of the baby elephant at Melbourne Zoo.

The students participated in four major laboratory activities and were shown spectacular demonstrations using sophisticated equipment.

Shanneen enjoyed doing a range of different experiments and watching the Condy’s crystal demonstration as it changed to four different colours as new substances were formed. Nick liked using the dispensers that measured the volume of solutions accurately. Cassy thought that the production of bubbles using dry ice (at – 80 degrees) and detergent was great. The flame tests (simulating fireworks) using methylated spirits and metal salts in the fume cupboard was much more spectacular than what we had been able to do at school.

Sharnae, James and Cameron

Thando thought that the fero liquid in the test tube that responded to a magnet held on the outside of the tube was fascinating. She could have played with that for hours. Fero liquid was developed by NASA to get fuel into the rocket engines. Releasing ball bearings via a number of magnetic forces to hit coloured skittles was clever (Stephen). The demonstrators made ‘elephant toothpaste’ by introducing hydrogen peroxide into coloured solutions in test tubes with a paraffin plug so they were under pressure and spurted out and grew into large cone shapes.

Zac

Kayanna liked watching the glass stirrer disappear when placed in oil and reappear when in water. Tanisha said that introducing plastic items into the different liquids and seeing them magnified was interesting.

The favourite activity was making Ooblek. This material can be moulded into a ball then it dissolves into a liquid when put under pressure and pours through your fingers. It’s weird. (Emily B) Tara said it was so simple to make, just two parts cornflour and one part water, then add food dye. It felt really strange but it was fun to experiment with.

Farzan and Lara

Phuong liked the demonstrations using liquid nitrogen (– 200 degrees). A blown up balloon was placed into liquid nitrogen until most of the air was removed while in the cold liquid nitrogen. The balloon was taken out of the liquid nitrogen and quickly reinflated at room temperature. Cooper put flowers into the liquid nitrogen, then removed them. He clapped his hands and the flowers shattered.

Kyle

As you can read, our students enjoyed the day’s activities.

Mrs. June George
Science Teacher
SCIENCE TALENT SEARCH WINNER:
Students at Western Heights College win state wide competitions.

The Science Talent Search is the biggest Science competition in Australia for school students and has been going for over 50 years. In 2014, our success in 2013 was repeated.

At the beginning of Term 4, the College received notification that one student in Year 9 had received the major bursary in the annual Science Talent Search run by the Science Teachers’ Association of Victoria (STAV).

That student is Blake Anderson. His entry called ‘The Journey through the heart’ has been awarded the bursary in the Intermediate Computer Games section. This means that Blake’s computer game was the top entry in this category across the state.

The other student who has won a merit certificate in the intermediate poster section is Hannah O’Malley.

Any student who is interested in the Science Talent Search next year (2015), please speak to your science teachers this term. If you are thinking of entering the experimental section it is often good to collect results over different seasons – so start early!

STEM CELLS GTAC EXCURSION:
The Gene Technology Centre in Parkville offered ten students from different schools the opportunity to meet and speak to scientists currently researching stem cells and how they can help in the treatment of disease.

These are comments from our students as we reflected on the day’s activities coming home on the train.

Shannen liked looking at the healthy black cells that form a mosaic at the back of the retina of the eye. These are the cells that are destroyed leaving white patches in the retina which show that there is macular degeneration in the eye. Scientists are working on producing stem cells that can replace the white patches of dead cells.

Patients with diseased pancreatic cells have diabetes type 1. Sam enjoyed looking at the pictures of the healthy tissues in the pancreas where insulin is made and then comparing them with the diseased pancreatic tissue that has been invaded by white blood cells. It was interesting that stem cells could not help people with diabetes because it is an autoimmune disease but stem cells could help people with leukaemia.

Tom

Stem cells are injected for one month’s relief then the person with leukaemia needs another injection.

Siobhan

The students did a practical where we used stem cells and added a particular solution which would allow the stem cells to grow into nerve cells. “You could tell that they were nerve cells because of their shape and the green fluorescent dye.”

Kyle

Phuong liked working with the specialised equipment, particularly the micropipettes and the centrifuge. “It was great to look at the live pulsating heart cells under the microscope.” They had been grown from stem cells.

Sharnae

Western Heights won the Stem Cell dice game we played at the lunch break. It was fun.

Cameron

Students were given a scenario and encouraged to think about the decisions and concerns facing patients considering stem cell therapy. Lauren thought it was a great idea to have a medical doctor who was in a wheelchair to go to talk to patients that had recently been paralysed. He would know how they felt.

It was eye opening – I did not know how much could be done with stem cells.

Phuong.

IMPORTANT INFORMATION REGARDING EMA EDUCATION MAINTENANCE ALLOWANCE FOR 2015

This is the last year that EMA will be available to families. Parents who were previously eligible for this payment now need to start financially preparing for 2015.

The next edition of the college parent eNewsletter will cover pre-payment and payment option available to families of Western Heights College.

Mrs Marlene Barker
Business Manager
We have entered a very exciting period of term 4 with students looking ahead to exams and their courses for 2015. Appointments with mentor teachers and parents booked through the Parent portal for Course Confirmation are available for next week on Wednesday 5 November between 1230pm -7:30pm. Any parent needing assistance to book please contact the Quamby Campus Office.

As we enter a period where students are completing assessment tasks and preparing for exams 25-28 November they need to be organised. All students have been encouraged to increase their level of organisation for class. We want all students to perform at their highest capacity over the exam period.

Congratulations to all our sporting teams at Year 10 who have represented the College over the last two weeks, we have had great results on the scoreboard. The Year 10 students have had lots of fun and they continue representing the school extremely well.

Mr. Roger Conron
Year 10 Learning Community Leader

NOVELS AND DIRECTORS ENGLISH ELECTIVE

Students in this elective have recently completed a five week unit on a novel and film of their own choice. Twelve small tasks from a selection of twenty-four were completed, one of which was to condense the plot of the novel/film into a poem.

CITY OF BONES by Taylah Spalding 10A
I walk through the graveyard
Following he who does not speak
but speaks to your mind.
He has an eerie way about him.
Somehow he consumes
the warmth
the life
and sounds out of everything around him.
Not even his footsteps among the crunchy leaves;
leaves no sound.
The silent brother leads me to the one place
he controls
where the angel screams the silent scream
which sends both horror and pity through my very being.
Then a secret door opens that was once forgotten,
into a dark and damp corridor
where I will descend
through the city of bones.

THE NOTEBOOK by Hope Chernih 10F
(Inspired by Noah’s point of view)
What'll become of my spirit?
What'll become of my soul?
Without you around,
Without your hand to hold?
Are we destined to be?
Are we meant to last forever?
If it was up to me,
I wouldn't let you go…Ever.

You'd be mine for always.
Never would we part.
We'd stay together for eternity.
I'd forever be in your arms and in your heart.

Your laugh would make me smile
On our wedding day
And with you by my side
The days would quickly pass away.

And when we're old and have grey hair
I'll still be smiling then
As long as you're still next to me
And we're remembering “way back when.”

And if you should pass away,
And my eyes become blind from crying.
I'll go through each day in memory of you
And live as if I’m dying.

My soul's last night on earth
Would be a happy memory
Because your face in my dreams
Would be the last thing that I see.

Susan Harrington
College Library

COLLEGE ABSENCE LINE

If your student is going to be absent please leave a message on the College Absence Line

5277 9793
NEW BUILDINGS:
On Friday my peers, a member of the public and I had the pleasure of being shown through the new buildings on the Vines Road Campus. Initially, I’d only seen the design plans and rough sketches of what the new buildings would look like, inside and out, so seeing them properly when they were near completion was a real thrill. The buildings were fantastic, the outside of them, fantastic looking as it is, isn’t even near how good the insides look. They’re spaciously purposely set out, they’re colorful whilst being professional looking, I really like them! It’s fantastic being a Year 10 student and having been among first year level to experience being in every single one of the new buildings at Vines and I’m pleased to say that after seeing the insides of the new buildings, I’m ten times keener to get in them and begin my Year 11 studies. After being in the new buildings on the vines campus I can say with 100% assurance that I love the new buildings! They’re fantastic! I can’t wait until I begin my Year 11 studies in them.

Nic Leissner,
Year 10 Student

AFLOI GRADUATION:
On Tuesday evening was the graduation of the AFLOI (Alcoa Future Leaders of Industry) program held at Deakin University, Waurn Ponds Campus. Two of the twenty participants this year were Year 10 students from Western Heights College, one being myself, Alana Zafra and the second being Samara Arnott. It began with a tour around the Carbon Nexus building which was both very informative and very interesting. We then proceeded to walk down to a building where the ceremony itself was held. We heard professors talk about their experiences and how they got where they are today. We were then presented with our certificates and were formally acknowledged. The head of GRVEC (Geelong Regional Vocational Educational Council) then acknowledged all the partners of the AFLOI program 2014 and everybody was pleased to hear that even though ALCOA Geelong has now been closed, that ALCOA branches overseas will be sponsoring the program for another 2 years over 2015 and 2016. This means another 40 students are able to have the same amazing experience I did. Overall it was a wonderful night and I’m honored to have been a part of such a fantastic program.

Alana Zafra
Year 10 Student
I’d like to start by mentioning some of the great things done by several of our Year 11 students in the past couple of months. Mr. Adrian McCall and a number of his students have been working at GAWS as part of the VCAL program. They have provided items made by the students in class to provide stimulus for the animals currently located at the welfare society in Moolap. This continues the great work Mr. McCall and the students did last term at Grace McKellar and allows our VCAL students the opportunity to complete their outcomes, but also strengthens the community ties to our college.

Tahlia Segon was selected to and trekked the Kokoda trail towards the end of last term with Senior Constable Andy Britton from the Victoria Police. Having had a quick chat with Tahlia, she mentioned how amazing and life changing this journey was. Over the next couple of weeks, Tahlia will be given the opportunity to speak to the remaining Year 11’s about this experience.

This week also saw the beginning of VCE unit 3/4 exams with a number of our students sitting these exams over the next week. This can be a stressful time for students, especially with juggling the requirements for VCE unit 1/2 studies. Most students will experience some stress in their final years of school. This is normal, but there are ways that students can reduce their stress levels and manage stress when they have it.

Below are some tips for reducing stress you can discuss with your children to help out at this time:

- Have them set realistic work goals
- Don’t let them overwhelm themselves with the big picture, but to break things into smaller manageable tasks.
- Prioritise important things
- Develop some tactics to help them relax:
  - Go for a walk/jog
  - Take some time for themselves
  - Get enough sleep – turn off their phones as tiredness increases anxiety
  - Eat healthy and stay away from energy drinks.

Ultimately students should remember they are not alone in this situation and most of their classmates probably are feeling some level of stress. If they are feeling overwhelmed, they need to speak to someone about it, their mentor or teachers will help here. Finally, they should remember being busy does not necessarily mean they are stressed.

November 5 is our Course Confirmation day. All parents would have received a letter with the instructions for logging onto the Parent Portal and making a booking. During this time, students will receive their course for 2015 and information relevant to the transition program. It would be great to see as many parent’s as possible during this process.

A reminder that Year 11 exam week commences on 17 November and compulsory Year 12 transition is the following week.

All the best to students completing their unit 3/4 exams over the next couple of weeks!

VCAL:
VCAL students Braydn Addicoat & Harley Malady took part in an excursion to The Geelong Animal Welfare Society this week. VCAL students had created interactive toys for dogs designed to keep them occupied during dinner time.
CELEBRATION DAY:
Last Monday October 21 marked the last day of formal classes for our Year 12 students, followed by Celebration Day on Tuesday. This was a much anticipated event and all students entered into the spirit of the day. They dressed up in a range of colourful costumes and partook in a range of activities including a fashion parade, trivia competition and debate. All students participated in an enthusiastic and respectful manner. I know I comment on behalf of all staff when I say that it was an absolute pleasure to join the students in celebrating this milestone and they are to be commended for their enthusiasm, attitude and conduct.

EXAMS:
The first of the Year 12 end-of-year exams began on Wednesday in the Quamby Campus library. Sixty-Three of our students sat the first scheduled exam, English. They approached this in a confident manner. The exams continue over the next few weeks and I know I am joined by our entire college community in wishing them well.

YEAR 12 GRADUATION CEREMONY:
Graduation is scheduled for Wednesday November 19th. Students are required at Costa Hall at 2.30pm. The Graduation Ceremony begins at 6.00pm and will be followed by dinner at the Mecure Hotel. Graduation tickets are now available to be collected at the student support office.

SWOTVAC:
Over the past week Year 12 students have been involved in Swotvac. It has been very pleasing to note that significant numbers of the students have based their studies at school and have made the most of the opportunity to get one-on-one and small group specialized support offered by their subject teachers. Please note that staff will continue to be in their scheduled Year 12 class up until the date of their subject exam. I encourage students to continue to make the most of this support.
YEAR 12 STUDENTS IN 2015:
TAKE HOME NOTEBOOK OFFER:
In 2015 all students in Years 7 to 11 will be participating in the MyLe program. However, due to the timing of the MyLe program roll-out, our 2015 Year 12 students do not have the opportunity to purchase a MyLe device and will be the only year level in 2015 without access to a personal ICT device.
To ensure these students are not disadvantaged by this we will be offering them a re-furbished Lenovo X220i notebook for their personal use during 2015 only. Students can participate in this by paying a $50 bond at the start of next year. This bond will be fully refundable if the notebook is returned to the College at the end of 2015.
These notebooks will be re-imaged with the latest Windows 8.1 and the same software as our MyLe devices. It is not a touch enabled slate but will still be supported by our network office in a similar manner to all other MyLe devices.
For any student not in the MyLe program, it needs to be noted they will not have classroom access to notebooks in the way they have for many years, i.e. stored on trolleys in their learning spaces. All notebooks for student loan will only be available from the library on a daily basis, so the ability for Year 12 students to have personal access to a device will be a great convenience.

To re-emphasise the main points of this special program.

- It will enable our 2015 Year 12 students to have full "take-home" personal use of a used but re-furbished notebook PC drawn from our current fleet.
- This offer is available only to 2015 Year 12 students.
- It will be connected to the College network and managed by network staff and able to be used on networks at home similar to MyLe devices.

We encourage all current Year 11 students to consider this for 2015.

Mr. Peter Good
Network Manager

Welcome to the second edition of the bulletin for Term 4! It is now the end of October, and yes many have been commenting in the college community on this fact, and asking "where has the year gone?" Well, the year is still here, we can all be assured, and in terms of what we undertake in our college there is certainly no change in the pace – the only real difference is that at the moment we have some hints of Spring weather!

Many weeks ago I was writing on the theme of active listening, focusing on the neglected exhortation to be slow to speak, quick to listen. I would like to say having committed to being a practitioner of this and having cited some powerful examples that I am now somewhat of a listening guru – but, well, that is wishful thinking. Listening is a discipline that requires daily attention - but it is well worth it. After all, the more we listen, actively listen, the more we hear.

There is a component of active listening that must be practised concurrently, and that is observation. Observation requires patience, and observation requires wisdom – patience, because we need to not only focus our ears but also focus our eyes and actually see the person to whom we actively listen, and wisdom to know when to respond – be it through a physical gesture (nod of head, smile, etc.) or a verbal affirmation ("I see, please tell me more.." etc.) For that moment, the other person is to be our sole focus, the surrounding world must fade away temporarily.

In discussion with some Year 10s and 11s about communication and validating feelings, we looked at the methodology of Dr Marshall Rosenberg (Non-Violent Communication – Giving from the Heart) - four components that lead us to perceiving relationships in a new and profound way:
1. Observations, 2. Feelings, 3. Needs and 4. Requests. Observing, the first component, is perhaps the most important. As we interact with others, as we listen, what are we observing about them that is affecting their wellbeing and ours?

Again, I was trounced by a student in the discussion when a recent challenging interaction was being analysed. This young man said more or less "well, it is pretty clear to see that (the person) wasn’t himself – I mean, why would you get worked up about a broken pencil?"
Lesson for me and us all – our young people are natural observers. Let us learn from them, and hear by listening the profound wisdom they unwittingly give our world!

Marcus Allport
College Chaplain

Mr. Peter Good
Network Manager
Another fantastic fortnight has passed here at Western Heights College and another is well on its way! From the perspective of the Wellbeing Team, the college collectively is moving full steam ahead. In every learning community our students are busy, staff working hard and there is a definite sense of excitement as the Stage 2 buildings rocket to completion. Moving forward with confidence would be a fitting motto, if we ever needed one!

Our programs are now well under way, and being met with considerable enthusiasm, designed to be student focused. Each group in a unique way, is equipping our young people with the many skills they need to be resilient, autonomous and respectful members of the wider community. The great fact is, the skills already are there to be found – no one lacks ability, and no one lacks potential.

Attendance – our sticking point and metanarrative! Attendance is crucial – when students are here, they can receive the best and be their very best as they grow in knowledge, maturity and connectedness. Our college community thrives on interpersonal relationships, fostering links between teachers, staff and students unique to the region. We as a college want your child here! Again, we will do anything we can to assist you in ensuring all challenges to attendance are overcome.

Coming up -
On 7 November our college community is hosting with pride the White Ribbon Event with our partners the City of Greater Geelong, White Ribbon, Barwon Health we teach and model respectful relationships, to ensure the message is loud and clear ‘Violence is NOT OK’.

In preparation for this event on Tuesday 4 November Mr Glen Smith will be completing our Skate Park Stencil, and to assist him in this project we are grateful to the following students:

Year 7:
Ajlinia Buric, Taylor Williams, Dylan Whiteside, Aleksandra Feldman, Jude Drew, and Cam Digandomenica

Year 8:
Thomas Stokes, Simone Collins, James Kitchen, Brannon Gardas

Year 9:
Samantha Hatch, Adela Disher, Monique Cooper, Hannah O’ Malley, Jay Marshall, Darcy Nugent

For more information, please contact the college.

We wish you a fantastic weekend and fortnight!

Mr Paul Rogers & the Wellbeing Team

With warmer weather approaching, it is timely to remind the College community of our expectations regarding uniform. This year Western Heights College is focusing on RESPECT; the ‘R’ in our Positive Behaviour Expectations SOAR matrix; and students have agreed that they will “wear our correct uniform with pride” as a show of that respect.

Recently, learning communities have reminded students of this agreement to be in correct school uniform and the various uniform combinations have been on display in the Vines Campus Library. The summer uniform is:

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
<th>SPORTS UNIFORM FOR BOTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer check skirt OR navy shorts with patent waist</td>
<td>Navy shorts with patent waist OR grey school trousers</td>
<td>Sky blue sports polo with WHC logo</td>
</tr>
<tr>
<td>*The previous summer dress may be worn by students in Years 9-12.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Summer check pan blouse OR white peter pan short or long sleeve blouse</td>
<td>Midford school blue shirt</td>
<td></td>
</tr>
<tr>
<td>White socks</td>
<td>White socks with shorts OR black or grey socks with trousers</td>
<td>Navy microfiber jacket with WHC logo</td>
</tr>
<tr>
<td>Black leather school shoes</td>
<td>Black leather school shoes</td>
<td>Navy microfiber track pants</td>
</tr>
<tr>
<td>Navy V-neck wool blend pullover with WHC logo OR navy V-neck vest with WHC logo</td>
<td>Navy V-neck wool blend pullover with WHC logo OR navy V-neck vest with WHC logo</td>
<td></td>
</tr>
<tr>
<td>In accordance with the Sun Smart policy, it is also expected that students will wear a navy, broad brimmed hat outside.</td>
<td>In addition, students are reminded that only studs or keepers are permitted for ear piercings and no other body piercings.</td>
<td></td>
</tr>
</tbody>
</table>

If you are needing to replace any items of the school uniform, you can do this through Bellarine Uniforms at 162 Moorabool Street, Geelong, 3220. Phone: 5221 9199 or email bellarine@noone.com.au

Mrs. Susan Harrington, Mr. Luke Scott, Mrs. Colleen Burville, Mr. James Van Kan
STATE CHESS FINALS
On Monday 13 October five excited Western Heights College students travelled to Brighton Grammar to compete in the State Secondary Chess finals. It was a long day with seven rounds of competition against some very stiff opposition which included the national age champions. With great sportsmanship and lots of strategic thinking, our team of Jasper Dyst 10C, James Woof 9D, Bailey Hall 8F, Jack Nguyen 8B and Nicholas Maher 7A finished a very encouraging 15th from a total of 26 competing schools.

EXCURSION TO STATE LIBRARY OF VICTORIA:
Last Thursday, 23 students from Years 8, 9 and 10 enjoyed a trip to the State Library in Melbourne. They were students from the Year 10 English elective ‘Novels and Directors’, the Year 9 ‘Readers’ Circle’ elective and selected Year 8 students. They had an hour to visit the famous La Trobe Reading Room and the permanent exhibits on the history of books and writing and the history of Victoria which includes Ned Kelly’s armour. They then participated in a workshop with State Library staff on ‘Les Miserables’ creating a digital comic and then enjoyed a tour through the show’s exhibition including Victor Hugo’s original manuscript. It was a really great day.

Students comments on the drive home included:
- “I really found the State Library very Inspirational” – Brianny
- “I really liked the videos about how the shoes and clothes are made (for Les Miserables)” – Matthew
- “I liked the part where we did the comic strips” - Jake
- “The best moment of today was when we got to dress up at the exhibition” – Hannah
- “Enjoyed the freedom instead of walking around in a group” – Billy
- “It was very interesting to see Victor Hugo’s original script” – Patrick
- “I liked the musical bit at the end” – Alex

Susan Harrington
FEDERATION UNIVERSITY – NEW COURSES
Federation University Australia will be offering CHC30113 Certificate III in Early Childhood Education and Care; CHC50113 Diploma of Early Childhood Education and Care and Bachelor of Education (Birth to Year 6). The Wimmera campus based in Horsham offers flexible distance learning opportunities for these programs.

There will be an intake into all three programs in February 2015 and online applications are open now.

For further information, please visit www.federation.edu.au/programfinder.

SCHOOL BASED APPRENTICESHIPS AND TRAINEESHIPS
Congratulations to Spiro Glikofridis, Bailey Malden and Luke Brady in Year 10 who have recently started School Based Apprenticeships. Spiro is working as a chef, Bailey is working as a bricklayer and Luke is working as a carpenter. Through hard work and determination these 3 young men set up work experience, trials and secured these School Based Apprenticeships.

DO YOU NEED A RESUME?
Check out www.youthcentral.vic.gov.au for handy tips on job applications, resume templates and lots of other useful information aimed at youth.

YEAR 9 BASKETBALL
Year 9 students participated in basketball on 16 October. Both the boys and girls came with an eager attitude ready to give their best efforts. All students involved played fantastic with outstanding sportsmanship. The boys put up a strong effort and played well as a team rotating on the court. All the boys had a fantastic time.

The girls all put in a strong effort. In their first game, the girls put up a strong effort to fight back to draw their first game. The girls showed fantastic sportsmanship and played really well as a team supporting each other.

Both teams represented the college really well.

Mr Greenhalgh

YEAR 8 BASEBALL
The day started off with a loss in our first game 9-6. We then had an hour to train before the next game. With the help of Tyhe’s mum we managed to win our second game by 8 runs. Unfortunately a lot of us got injured but we kept playing because we are tough nails. We ended up loosing the last game but it was all fun. I would like to thank Tyhe’s mum for helping us out on the day, Mr Thompson for making it happen and Ms Dickson for being awesome.

By Jacob Sandlant

YEAR 8 CRICKET
Yesterday on the 29 October the Year 8 cricket team went out to the South Barwon Recreation Reserve. In our first game, we bowled first and after 23 overs they made 2/57. We batted and chased down the score with 7 overs to spare.

In the next game, we batted first. Josh Bourke had to retire on 25 (his second highest batting score). We made 91 runs and we batted them out after 20 runs. We made it through to the Barwon Grand Final, which we play on Monday.

Thank you to Mr. Ludinic for coaching us. It was a fun and rewarding day.

By Josh Bourke, Mitch Sykes and Kaleb Washington

WESTERN METROPOLITAN REGION ATHLETICS
At the end of last term 6 students represented the college at the Western Metropolitan Regional Athletics held at Landy Field. All students participated to the best of their ability achieving high results.

Sam Stokes placed 2nd in the 14 years High Jump with a jump of 1.7 metres and 2nd in the Long Jump with a jump of 4.98 metres.

Tanisha Thompson placed 3rd in the 15 years 1500 metre and Lara Richards placed third in the 90 metre Hurdles.

Shaye Gorsuch, Stephanie Anderson and Emily Worple also competed achieving fantastic results.
At Second Hand School Specialists you can buy and sell your second hand school stuff through us. We are always in need of uniforms or other school items for Western Heights College. We sell on consignment which is a safe and secure way to sell your unwanted or outgrown school stuff. Just drop it off to us and we’ll sell it on your behalf. Please check out our consignment terms and conditions on our website www.secondhandschoolspecialists.com.au or email us on info@secondhandschoolspecialists.com.au

WE ACCEPT CASH, EFTPOS, VISA AND MASTERCARD.

Trading hours:
Tuesday 3.30pm - 5.00pm
Wednesday 3.30pm - 5.00pm
Thursday 3.30pm - 5.00pm
Saturday (1st and 3rd of each month) 9am – 11am

EXPECT TO SAVE FROM 30% – 80% OFF NEW PURCHASE UNIFORM COSTS AT OUR STORE!!!

FREE PARKING OUTSIDE OF STORE
21b FAIRLIE STREET, HAMLYN HEIGHTS, 3215
Mobile 0400 350 652
## City of Greater Geelong Immunisation Service

**Provided by**  
**Barwon Health**

<table>
<thead>
<tr>
<th>Immunisation Centre</th>
<th>Immunisation Hours</th>
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| Belmont Barwon Health (Main Entrance) 1-17 Reynolds Rd, Belmont  
(Please note that this is the Barwon Health building, not the MCH building) | Wednesday morning *By appointment only* 9 am - 12.30pm  
Open sessions *(No appointment required)*  
Wed and Friday afternoons 1.30pm - 4.45pm  
Saturday morning *By appointment only* 9 am - 11.45am |
| Corio Community Health Centre 2 Gellibrand St, Corio | Every Wednesday 9.30am - 11.45am                        |
| Newtown “Ariston” 243 Pakington St, Newtown            | 1st Friday of each month  
9.30am - 11.45am                                         |
| Ocean Grove  
Boora Centre Ocean Grove  
Shelld Rd, Ocean Grove | 2nd and 4th Friday of each month  
9.30am - 11.45am                                           |
| Newcomb Community Health Centre 104-108 Bellarine Hwy, Newcomb | 3rd Friday of each month  
9.30am - 11.45am                                           |

*Appointments are only required for Belmont on Wednesday and Saturday Mornings*

**Criteria for FREE Vaccines on the National Immunisation Program Schedule**  
The vaccinee will need to reside in Australia and hold one of the following:  
1) Medicare card or be eligible to hold a Medicare card  
2) Australian citizenship  
3) Permanent visa or have applied for a permanent visa.

Open on Geelong Cup Day  
Closed - All public holidays including Easter Saturday.  
Closed between Christmas and the New Year

For all enquiries phone 4215 6962

If you require Immunisation Records, please email: your name, date of birth, and address to intake@barwonhealth.org.au